



INOUT HOSTEL

Barcelona



About us?



Where we are?



Accommodation



Facilities



Restaurant Services



Hosted services



Activities



Services to companies



Alternative measures, "EX-LISMI"





About us?

INOOUT Hostel is a Special Center for Hotel and Catering Work opened on April 26, 2004 by Icària Inicitives Socials, a non-profit organization.

INOOUT Hostel is located in Barcelona, in its privileged natural park with a railway station (Zone 1) 300 meters up to the reception. It offers more than 250 beds in the regime of shared rooms of four, six, ten and fourteen people.

Share some objectives with the main companies in the tourism sector: offer the best customer service and generate a sufficient level of resources to obtain benefits, obtaining customer satisfaction scores above 80%.

INOOUT HOSTEL is the first hospitality service in Europe where 90% of its staff is trained for workers with disabilities, mostly intellectual.



Where we are?



Metro



Vehículo





Accommodation

All the rooms face the Park and are sunny: 10, 6 and 4 beds. The large rooms have ten beds separated by a wooden partition, in spacious 2 and 4 bed modules to give you more privacy.

Types of room:

- Quadruple en suite.
- Quadruple outdoor bathroom.
- Mixed room 10 beds bathroom ext.
- Mixed room 10 beds in suite.
- Female room 10 beds in suite.
- Mixed room 14 beds in suite.





Accommodation

Each individual module consists of:

- A bed with mattress protector and pillow
- Rear shelving
- Light fixture
- Individual electrical connection
- A generous locker with a security key that works with a coin

For maximum cleanliness and comfort of the guests we clean all the rooms and toilets daily.

Sheets and towels are rented.

We have 107 of our beds accessible as well as the toilets and common areas. Breakfast is included in the price.





Facilities for use gratuitous

- 24 hours reception
- Bar & Meeting room
- Multi-purpose rooms
- Terraces
- Car parking
- Coach parking up to 12.5 m.
- Bicycle parking
- Computers and wifi
- Service of consignment
- Picnic zone
- Children's playground
- Sports court
- Pool and solarium





Facilities

- 24 hour bar
- Restaurant with daily menus and weekend
- Area of washer, dryer and iron
- Rooms of different types



**INOUT
HOSTEL is
a Special
Work
Center**



**We do hotel
and catering**



**We opened
on April
26, 2004**



**We are
in the
Natural
Park**



**We've a
washing
machine,
dryer and
iron**



Nonprofit



**Here
we have
nature and
city**



**Free
WIFI**



**Socially
sustainable**



**Individual
locker in
each bed**



**Picnic
zone**



**Free parking
for buses,
cars and
bikes**



**15 minutes
from the
city center**



**We are
Icària
Iniciatives
Socials**



**It is the first
Hostel with
90% disabled**



**We offer
250 beds**



**We are
ecological**



**We reuse!
We reduce
consumption!
We recycle!**



**Vintage
decoration**



**Located in
the green
heart of
Barcelona**



**Five
hectares
of gardens
and forest**



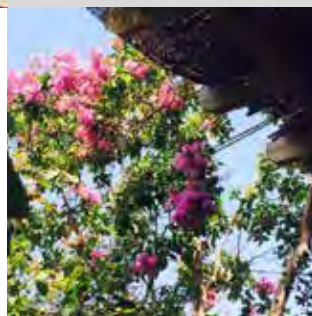
**Sunny and
clean**



**Sports
court**



**Biomass
Boiler**



**For you
and to
make
friends**





Restaurant Services

The restaurant has a wide range of its own cuisine.

That is why we offer half board or full board in a self-service regime with traditional cuisine; You can also opt for a picnic to go. We can offer special food services: vegetarian, celiac ...

From Monday to Friday we serve a menu of the day with three dishes to choose from: first, second and dessert, also includes appetizer, mineral water, wine and coffee.

On weekends and holidays, we have a menu with eight dishes to choose from: first, second and dessert, also includes appetizer, mineral water, wine and coffee.

Children's menu.

We have a select offer for banquets, celebrations or work lunches.

For 24 hours you will find a cafeteria service with pizzas and lasagna.





Hosted Services

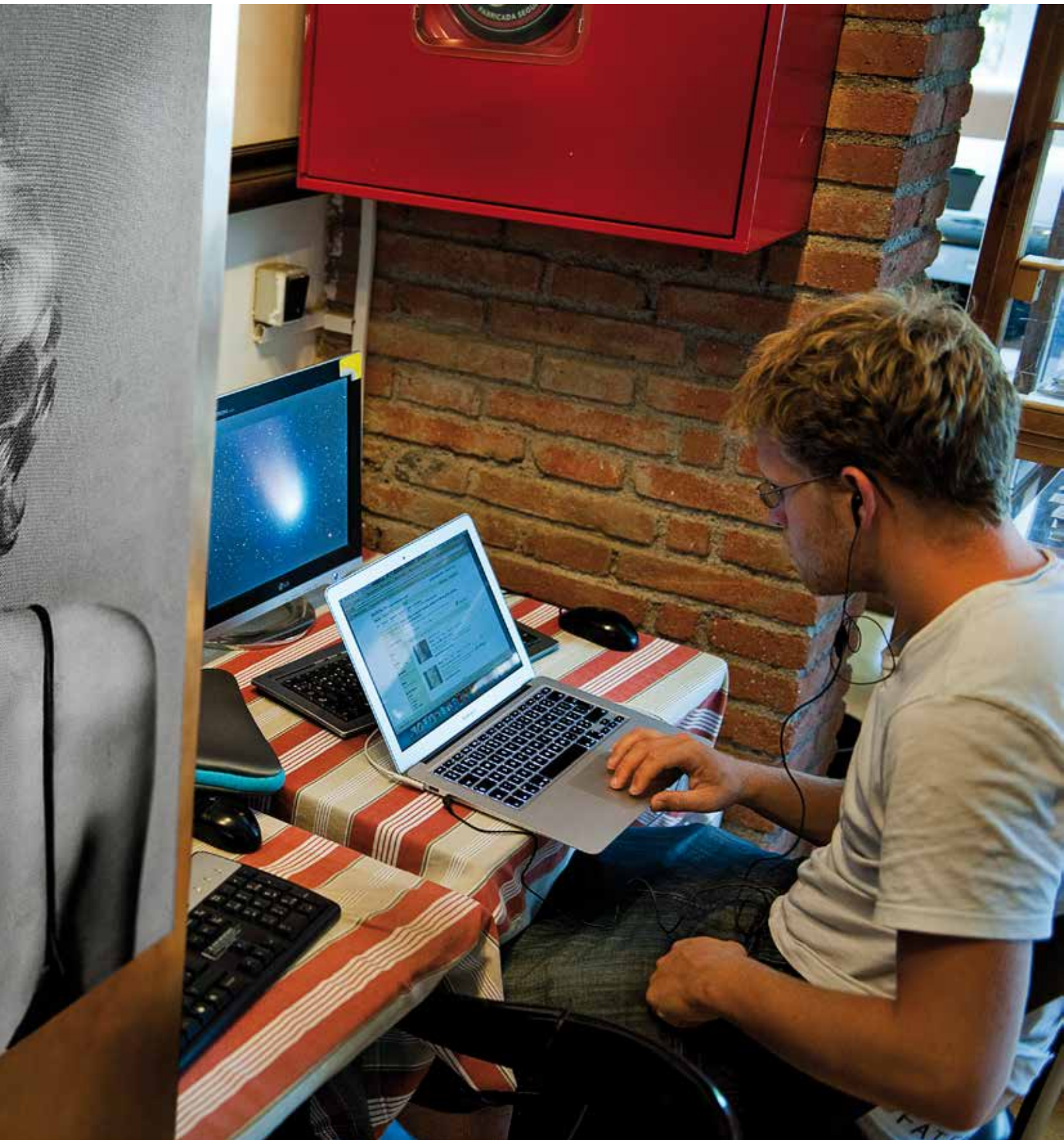
The INOUT Hostel with its team of people with disabilities is organized into departments: reception, restaurant, activities, cleaning and gardening, and maintenance to give the best service to the client, within a maximum respect for the Environment.

From the different Internet channels and on-line agencies, INOUT has the best daily offer for individuals and groups to be in the city and within the Natural Park of Barcelona.

The charm of the staff of INOUT and nature do the rest.

"We serve!"





Hosted Services

- Delicious breakfast included:
5 items to choose from: cornflakes, 2 types of bread, sausage and cheese or butter, and jam, croissant or similar, yogurt, fruit of the time and juice, water, coffee, milk, tea or chocolate.
- Daily cleaning of the rooms
- Free locker
- Hire of sheets and towels
- Different meals: Self service, pizza, picnic, restaurant menu.
- TV with sports and international channels
- Information of Barcelona: maps, events
...
- Information about the Natural Park: excursions





Activities

- Walks through the Natural Park with Nordic Walking
- We teach you how to make paella
- Playing is making friends
- Karaoke
- Traditional holidays
- Bar & Meeting room
- Match's TV sports





Services to companies

- Volunteer actions
- Rental of meeting rooms
- Business meals
- Finger food services
- Outdoor activities





General Law on the Rights of Persons with Disabilities and their social inclusion (“EX-LISMI”, 2% and Alternative Measures)

On the basis of the “EX-LISMI” (Law of Social Integration of the Disabled) we select candidates for companies with more than 50 workers.

- Bonus in Social Security fees.
- Subsidy for hiring.
- Tax relief in companies.
- Adaptation to the job and production equipment.

RD 1/2013 foresees two alternative measures to the hiring of personnel with disabilities:

1. Purchase of products and services to Special Work Centers

- **CET Icaria Gráficas.** Sale of products and services of offset printing, digital, screen printing, pad printing and textile printing.
- **CET INOUT HOSTEL.** Sale of catering services, rental of rooms for meetings and accommodation.

2. Donations to foundations that have the objective of training and labor integration of people with disabilities.

- **Private Foundation Icaria Social Initiatives.** It supports the labor integration projects of our Special Work Centers and promotes training for access to them and the ordinary company.

We serve!!





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